

# COMMUNITY RESOURCES

## BEHAVIORAL HEALTH RESOURCES

CSB Warsaw Counseling Center ..... 804-333-3671  
Warsaw: Mary Sudduth LCSW ..... 804-472-3706  
Aylett: Anne M. Allen LPC..... 804-769-7971  
West Point: Brad Skelding LCSW..... 804-854-1961  
Kilmarnock: Merlin R. Steider LCSW... .. 804-210-1104  
                  Andrea T. Latell LPC..... 804-435-7355  
                  Andrew J. Billups PsyD..... 804-435-6777

### Tappahannock:

Grace, Hope Counseling Services LLC.... 804-475-1512  
Connie Gardner LPC..... 804-445-8020

### Williamsburg:

Woodard Healing Center, LLC..... 757-210-7390

Richmond: Allen F. Kleinkopf Ph.D..... 804-282-1331

## COPE CRISIS LINE.....988

Warsaw..... 800-542-2673  
King George..... 540-775-9879  
Rappahannock Area C.S.B.

## DOMESTIC VIOLENCE ASSISTANCE

The Haven Shelter: Warsaw-Hotline: ..... 800-224-2836  
[www.havenshelter.org](http://www.havenshelter.org)

### Victim Information and Notification Everyday (VIN)

..... 1-800-467-4943

### Virginia Family Violence/ Sexual Assault Hotline.....

..... 1-800-838-8238

Avalon Center..... 757-258-5051

### First Step: A Response to Domestic Violence

..... 800-578-3433

Project Hope..... 804-966-8732

Empower House..... 540-373-9373

King George

## MENTAL HEALTH SERVICES

### COMMUNITY SERVICES BOARDS:

Gloucester ..... 804-693-5057

..... 800-639-9668

Warsaw..... 804-333-3671

..... 800-639-9882

King William ..... 800-639-4882

King George..... 540-373-3223

Middle Peninsula/Northern Neck..... 804-758-5314

NAMI Mid-Tidewater..... 804-684-1480

..... [namimidtidewater@gmail.com](mailto:namimidtidewater@gmail.com)

## SUBSTANCE ABUSE/PREVENTION

Narcotics Anonymous..... 800-777-1515

Addiction Helpline ..... 800-559-9503

National Center for Substance Abuse..... 800-662-4357

## CRISIS/HELP HOTLINES

Suicide Hotline ..... 800-784-2433

National Runaway Switchboard ..... 800-621-4000

Virginia Missing Children's Clearinghouse 800-822-4453

Nat'l Suicide Prevention Lifeline

(Vets press '1') ..... 800-273-8255

## CHILDREN

Child Protective Services ..... 800-552-7096

Child Support Enforcement ..... 800-468-8894

## SOCIAL SERVICES/SOCIAL SECURITY

Essex: ..... 804-443-3561

Gloucester..... 804-693-2671

Lancaster: ..... 804-462-5141

King George: ..... 540-775-3544

King & Queen: ..... 804-785-5977

King William: ..... 804-769-4914

Mathews: ..... 804-725-7192

Middlesex: ..... 804-758-2348

Northumberland: ..... 804-580-3477

Richmond..... 804-333-4088

Westmoreland: ..... 804-493-9305

## HEALTH CARE RESOURCES

Northern Neck Free Health Clinic..... 804-435-0575

Donated Dental of Virginia..... 804-264-9010

King & Queen Health Dept: ..... 804-785-6154

Richmond County Health Dept..... 804-333-4043

## HOSPITALS

Riverside Tappahannock Hospital..... 804-443-3311

Rappahannock General Hospital..... 804-435-8000

## SHELTERS (DV= Domestic Violence)

The Haven (Primarily DV Shelter) ..... 804-333-9344

### Richmond Area Shelters:

Catholic Charities \*\*Homeless Point of Entry\*

..... 804-648-4177

Crisis Assistance Response Emergency Shelter Inc.

(CARES)(women and children)..... 804-861-0849

HomeAgain: ..... 804-358-7747

Salvation Army..... 804-225-7470

St. Joseph's Villa (mothers and children... 804-455-3325

The Healing Place

(for homeless persons with substance abuse issues)

..... 804-230-1217

YWCA (Primarily DV Shelter) ..... 804-643-0888

### Hampton/Newport News Area Shelters:

\*\*United Way First Call\*\* ..... 757-594-4636

Home Base of the Peninsula..... 757-825-9485

### Avalon (Williamsburg-Primarily DV Shelter)

..... 757-258-5051

Hampton Friends of the Homeless..... 757-928-0012

Hampton Ecumenical Lodging and Provisions (HELP)

..... 757-727-2577

Peninsula Rescue Mission (7 days) ..... 757-380-6909

Transitions (DV Shelter) ..... 757-723-7774

# COMMUNITY RESOURCES

## FOOD AND CLOTHING PANTRIES

Al-Anon/Alateen Statewide ..... 888-425-2666  
Alcohol Drug Treatment ..... 800-454-8966  
**\*\*CENTRAL VIRGINIA FOOD BANK-**  
They will find a local food distributor near you\*  
..... 804-521-2500  
Beulah Baptist Clothes Closet..... 804-333-3706  
Kilmarnock Baptist..... 804-435-1703  
New Friendship Baptist Church..... 804-580-2127  
Northern Neck Food Bank ..... www.nnfb.org  
..... 804-577-0246  
Shiloh Baptist Church..... 804-453-3074  
White Stone United Methodist..... 804-453-3555  
Warsaw United Methodist..... 804-333-3220

## VETERANS EMPLOYMENT AND BENEFIT SERVICES:

VA Dept. of Veteran Services, Richmond. 804-786-0286  
American Legion, Richmond..... 804-353-6606  
.....www.va.legion.org  
Disabled American Veterans, Statewide:.. 540-206-2575  
Dept. of Veterans Affairs, Statewide: ... 800-827-1000

## TRANSPORTATION

Bay Transit..... 877-869-6046  
Medicaid Transportation..... 866-386-8331

## LEGAL ASSISTANCE

VA Legal Aid.....-866-LEGLAID..... 866-534-5243  
Rappahannock Legal Services..... 804-443-9393